

Positive Connections



Prosperity Through Harmonious Collaboration

Studio of Harmony

iHealth Center for Integrated Wellness

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First Meeting: Monday March 23, 2009

Organized Meeting: 11am to 1:00pm

Chat and Nap: 1pm-1:30pm

Please note that we do not wear shoes inside the Studio. Bring your own socks or use our socks at the Studio. This helps us maintain harmonious energies inside the Studio.

Purpose: To create a community of like-minded individuals who are interested in learning and growing professionally and personally through the fellowship of harmonious collaboration.

Agenda

11am-1130am	Enjoy a Peaceful Lunch and Delicious Conversations
1130am-1210pm	Kweethai Neill on Harmony and Collaboration
1210pm -1230pm	Introductions: Getting to know Members
1230pm-100pm	Planning and intentions
100pm-130pm	Enjoy the Studio for chats or naps before you leave

This is our first meeting. We plan to meet once a month on the third Monday unless we agree by consensus to meet on another day or time. We will discuss and decide on what we want to learn in our featured sessions. So bring your appetites and your ideas, desires and intentions.

Based on data returned, the suggested fee for the meeting is \$38 per meeting (this includes class and lunch). Estimated \$26 for class and Studio Time for 2.5 hours and \$12 for lunch and beverage. Most members have indicated that they are willing to pay \$40 per meeting. Please make check to *iHealth Center*. *Credit Card payments will be \$40 per person.*

Please respond as soon as you can. Membership will close at 18 members. This will ensure closeness in communication and comfort in the Studio of Harmony.